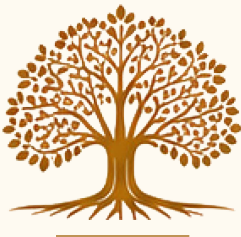


EMERGENCY CONTACTS

Emergency Contacts



“In times of need,
people matter most.”

PRIMARY EMERGENCY CONTACTS

People to contact immediately in an emergency.

Name	Relationship	Phone Number(s)	Email	Address

BACKUP EMERGENCY CONTACTS

Call these people if the contacts above cannot be reached.

Name	Relationship	Phone Number(s)	Email	Address

CLOSE FRIENDS / NEIGHBORS

Trusted individuals who may be able to help.

Name	Relationship	Phone Number(s)	Email	Address

PROFESSIONAL CONTACTS

Doctors and healthcare providers: see page 15. Attorney, accountant, financial advisor, insurance agent, funeral home and other professionals: see page 53 (Professional Contacts). Other family members: see page 11.

OTHER IMPORTANT CONTACTS

Anyone else you want to include.

Name	Relationship	Phone Number(s)	Email	Address



— — — — —
Being prepared today
brings peace of mind tomorrow.



GAVREL FAMILY PLANNING KIT

**This worksheet is from the
Gavrel Family Planning Kit.**

Get the full kit free at

GavrelGuidance.com

Honor Your Past. Protect Your Present. Prepare Your Future.